

Name _____

The Meaning of Redemption: A Matter of Unconditional Love (Part 1)

The following survey provides an opportunity for you to identify some areas of your life that you feel you need help to improve. Part 1 of this exercise is strictly personal; however, your reflections will help you with the group exercise that follows in part 2. Place a check mark in the box that best describes how you feel about each statement.

| I need help with . . . | Strongly Disagree | Disagree | Unsure | Agree | Strongly Agree |
|--|-------------------|----------|--------|-------|----------------|
| believing that I am an intelligent person. | | | | | |
| doing my best in school. | | | | | |
| expressing myself clearly. | | | | | |
| making friends. | | | | | |
| gaining respect from my peers. | | | | | |
| gaining respect from adults. | | | | | |
| feeling good about my appearance. | | | | | |
| showing my love and affection to others. | | | | | |
| liking myself. | | | | | |
| treating my friends better. | | | | | |
| respecting my body. | | | | | |
| dealing with sexual issues. | | | | | |
| trusting people. | | | | | |
| loving others as they deserve. | | | | | |
| depending on God more for help. | | | | | |

